

Lenz Chiropractic, PC
Family Healthcare Center

Scott R. Lenz, D.C.
Chiropractic Physician

Informed Consent to Chiropractic Treatment

Patient Name: _____ DOB: _____ Chart #: _____

Lenz Chiropractic is dedicated to quality chiropractic care for all our patients. The primary treatment used by Lenz Chiropractic is the spinal adjustment. We will use this procedure to treat you.

- The nature of the Chiropractic adjustment
 - We will use our hands or a mechanical device upon your body in such a way as to move your joints. This may cause an audible “pop” or “click”, much as you have experienced when you “crack” your knuckles. You may feel or sense movement.
- The material risks inherent in Chiropractic adjustment
 - As with any health care procedure, there are certain complications which may arise during a chiropractic adjustment. Those complications may include: muscle strain, costovertebral strains and separations, and fractures. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment.
- The probability of those risks occurring
 - Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during the examination and x-ray. Stroke has been the subject of tremendous disagreement within and without the profession with one prominent authority saying that there is at most a one-in-a-million chance of such an outcome. Since even that risk should be avoided if possible, we employ tests in our examination which are designed to identify if you may be susceptible to that kind of injury. The other complications are also generally described as “rare.”
- Ancillary treatment
 - In addition to chiropractic adjustments, the doctors may employ the use of physiotherapy modalities including: hot/cold therapy, ultrasound, electric stimulation, manual therapy, mechanical traction, and vibratory massage. The complications of these treatments may include bruising, periosteal burn, frost bite, burns, electrical shock, and soreness.
- The availability and nature of other treatment options
 - Other treatment options for your condition include:
 - Self-administered, over-the-counter analgesics and rest
 - Medical care with prescription drugs such as anti-inflammatory, muscle relaxants and pain killers
 - Hospitalization with traction
 - Surgery
- The material risks inherent in such options and the probability of such risks occurring include:
 - Overuse of over-the-counter medications produces undesirable side-effects. If complete rest is impractical, premature return to work and household chores may aggravate the condition and extend the recovery time. The probability of such complications arising is dependent upon the patient’s general health, severity of the patient’s discomfort; his/her pain tolerance, and self-discipline in not abusing the medicine. Professional literature describes highly undesirable effects from long term use of over-the-counter medicines.

OVER PLEASE →

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- Prescription muscle relaxants and pain killers can produce undesirable side effects and patient dependence. The risk of such complications arising is dependent upon the patient's general health, severity of the patient's discomfort, his/her pain tolerance, self-discipline in not abusing the medicine, and proper professional supervision. Such medicines generally entail very significant risks – some with rather high probabilities.
- Hospitalization in conjunction with other care bears the additional risk of exposure to communicable disease, iatrogenic (doctor induced) mishap, and expense.
- The risks inherent in surgery include adverse reactions to anesthesia, iatrogenic (doctor caused) mishap, all those of hospitalization and an extended convalescent period. The probability of those risks occurring varies according to many factors.
- The risks and dangers attendant to remaining untreated
 - Remaining untreated allows the formation of adhesions and reduces mobility which sets up a pain reaction further reducing mobility. Over time this process may complicate treatment, making it more difficult and less effective the longer it is postponed. The probability that non-treatment will complicate a later rehabilitation is very high.

I have read the above explanation of the chiropractic adjustment and related treatment. I have discussed any questions with the doctor and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have myself decided that it is in my best interest (or said minor's interest) to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to Lenz Chiropractic, PC to perform the treatment and acknowledge that no guarantee or assurance as to the results that may be obtained from this treatment has been given to me.

Printed Patient Name

Date

Signature of Patient

Signature of Lenz Chiropractic Personnel

Consent to Radiological Examination

X-rays are necessary for some patients but not all. The decision to take x-rays will be determined by the doctor after the history and exam are performed. It is understood and agreed the amount paid to Lenz Chiropractic for x-rays is for examination only, and the x-ray negatives will remain the property of this clinic, being on file where they may be viewed by the patient during their appointment, if requested. The charge for x-ray examination of one area is: \$45-50 and for a full spine series is \$150.

FEMALES ONLY: Are you pregnant? (please circle) YES NO DON'T KNOW LMP: _____

I consent to the x-ray procedures determined by Dr. Lenz.

Printed Patient Name

Date

Signature of Patient

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